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**Individual Meet Results**
**Welsh Summer Nationals 2015 23-Jul-15 to 29-Jul-15 [Ageup: 31/12/2015] LC Meters**
**Location: Wales National Pool**
**Mold [MOLY] Coach: Andy Roberts**

Time	F/P/S	Event	Place	Points	Improv
<b>Orla Davies (12) W</b>					
1:16.24L	P # 4A	Women 11-12 100 Fly	10	---	-3.77
	36.43	39.81			
10:26.21L	F # 10	Women 11-12 800 Free	5	---	-16.18
	34.39	38.71 39.01 39.87		39.15 39.93 40.34 39.82	
	39.93	40.42 39.94 40.28		39.79 39.72 37.55 37.36	
1:23.30L	P # 29A	Women 11-12 100 Back	38	---	-6.76
	40.44	42.86			
1:07.89L	P # 43A	Women 11-12 100 Free	15	---	-2.08
	32.78	35.11			
5:51.73L	F # 53A	Women 11-12 400 IM	9	---	-5.07
	37.27	43.05 45.72 44.23		53.60 52.66 37.73 37.47	
5:01.58L	F # 66A	Women 11-12 400 Free	8	---	-4.93
	33.78	37.37 38.44 38.87		39.45 38.64 38.87 36.16	
2:26.33L	P # 69A	Women 11-12 200 Free	13	---	-1.95
	33.46	37.29 38.42 37.16			
2:44.54L	F # 75A	Women 11-12 200 Fly	6	---	-3.80
	37.45	43.19 43.30 40.60			
2:48.75L	P # 75A	Women 11-12 200 Fly	7	---	0.41
	38.15	43.05 45.55 42.00			
<b>Kristian Ellis (13) M</b>					
1:14.25L	P # 3B	Men 13-13 100 Fly	10	---	-1.06
	35.57	38.68			
31.88L	P # 7B	Men 13-13 50 Free	25	---	---
3:08.20L	P # 12B	Men 13-13 200 Breast	14	---	---
	43.67	48.52 48.24 47.77			
33.62L	P # 17B	Men 13-13 50 Fly	15	---	-0.57
2:42.57L	P # 46B	Men 13-13 200 IM	12	---	---
	35.15	42.73 48.36 36.33			
5:41.03L	F # 52B	Men 13-13 400 IM	4	---	-18.94
	37.26	39.23 43.37 42.62		50.91 50.59 40.15 36.90	
5:03.01L	F # 65B	Men 13-13 400 Free	10	---	-6.96
	33.99	37.90 39.34 38.76		38.64 38.91 38.67 36.80	
NS	P # 68B	Men 13-13 200 Free	---	---	---
2:39.13L	F # 74B	Men 13-13 200 Fly	2	---	-4.10
	35.21	41.92 41.06 40.94			
2:41.27L	P # 74B	Men 13-13 200 Fly	3	---	-1.96
	34.24	39.16 41.95 45.92			
<b>Ffion Rees (13) W</b>					
33.37L	P # 8B	Women 13-13 50 Free	47	---	-1.34
36.70L	P # 18B	Women 13-13 50 Fly	38	---	---
<b>Maddy Rees (15) W</b>					
30.64L	P # 49A	Women 15-16 50 Free	42	---	-1.03
35.97L	P # 62A	Women 15-16 50 Back	37	---	---

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Time	F/P/S	Event	Place	Points	Improv
<b>Erin Roberts (13) W</b>					
29.90L	P # 8B	Women 13-13 50 Free	5	---	---
29.98L	F # 8B	Women 13-13 50 Free	4	---	0.08
34.05L	P # 18B	Women 13-13 50 Fly	19	---	0.18
1:13.26L	P # 29B	Women 13-13 100 Back	6	---	-4.41
	35.59	37.67			
1:15.46L	F # 29B	Women 13-13 100 Back	8	---	-2.21
	36.17	39.29			
10:18.37L	F # 39A	Women 13-13 800 Free	8	---	17.80
	31.93	36.74	38.89	39.89	39.40
				40.35	40.18
	41.01	40.96	39.91	39.54	39.10
				38.13	36.64
					35.31
1:04.12L	P # 43B	Women 13-13 100 Free	3	---	-1.46
	30.74	33.38			
1:04.22L	F # 43B	Women 13-13 100 Free	4	---	-1.36
	30.89	33.33			
2:42.31L	P # 47B	Women 13-13 200 IM	11	---	-3.86
	33.64	40.63	52.16	35.88	
2:36.83L	F # 56B	Women 13-13 200 Back	5	---	-2.47
	36.09	40.69	40.55	39.50	
2:37.52L	P # 56B	Women 13-13 200 Back	5	---	-1.78
	36.40	39.54	41.17	40.41	
4:49.37L	F # 66B	Women 13-13 400 Free	4	---	-2.78
	31.93	35.99	37.73	36.79	37.51
				37.32	36.45
					35.65
2:23.42L	P # 69B	Women 13-13 200 Free	11	---	-0.43
	32.06	36.44	38.37	36.55	
3:05.28L	P # 75B	Women 13-13 200 Fly	13	---	13.90
	36.17	46.78	52.83	49.50	
35.19L	P # 84B	Women 13-13 50 Back	10	---	0.11
33.37L	F # 184	Women 13-13 50 Back	1	---	-1.71